

# Support Worker - Short Term and Urgent Support/Re-ablement - Grade 5

## Job Focus

**To be read in conjunction with Support Worker Job Profile which provides the full range of responsibilities across the function.**

Re-ablement is at the heart of the service provided by Kirklees Council's Short Term and Urgent Support Team, delivering intensive service in the home, offered to people with disabilities and those who are frail or recovering from an illness or injury.

Re-ablement is a free service, offered for up to 6 weeks to enable people to regain their daily living skills and help them get back to normal so that they can stay independent.

More information on the location and hours for this particular job will be found in the advert for the job you are applying for.

## Role Description

### You might work with people to:

- Practise daily activities such as cooking and bathing, to help people regain skills and get their confidence back.
- Find new ways to do some things so they feel safer and more confident.
- Look at what else might help (e.g., support to go out, personal alarms, home adaptations or other equipment, such as bath rails, Carephone home safety service or other Equipment and adaptations for their home.
- Involve their relatives or carers to help them live more independently, and discussing any support they might need.
- Do exercises, if prescribed by a physiotherapist.

### You will:

- Help people to develop cooking skills, money management skills, sustainable routines, personal safety, independent travel and a range of other skills based activities.
- Provide appropriate information and advice.
- Have a role in contributing to assessments.
- Support the development and implementation of enablement plans to help the person to work towards their chosen goals.
- Work positively with risk.
- Record all contacts with service users.
- Work with families and other professionals to ensure the enablement work is successful.

### For Office Use Only:

Job Category	Social Care	Grading ID	22280
Job ID	80101190	Last Updated	June 2023
Job Focus	Yes	Career Progression	No

### Contractual Variants

DBS Category	Adults + Children	DBS Type	Enhanced + Barred
Health Check	Yes	Politically Restricted	No
24/7 working	No	Public Holidays	No
Night Working	No	Alternating Pattern	No
Standby	No	Other	