

## Support Worker – Grade 5 Short Term and Urgent Support / Re-ablement

In addition to the information in the Job Profile please see below for more information about working in Short Term and Urgent Support /Re-ablement. The advert for the job you are applying for will give more information on the location and hours for that particular job.

### About the Job....

Re-ablement is at the heart of the service provided by Kirklees Council's Short Term and Urgent Support Team, delivering intensive service in the home, offered to people with disabilities and those who are frail or recovering from an illness or injury.

Re-ablement is a free service, offered for up to 6 weeks to enable people to regain their daily living skills and help them get back to normal so that they can stay independent.

### You might work with people to:

- Practise daily activities such as cooking and bathing, to help people regain skills and get their confidence back.
- Maintain and improve their health by advising on, assisting with or administering medicines including inhalers, prescribed creams, eye and ear drops. You will also provide support for blood pressure, stoma care and catheter care, monitor pressure areas or skin breakdown and other tasks as identified in the care plans.
- Find new ways to do some things so they feel safer and more confident.
- Look at what else might help (e.g. support to go out, personal alarms, home adaptations or other equipment, such as bath rails, Carephone home safety service or other Equipment and adaptations for their home).
- Involve their relatives or carers to help them live more independently, and discussing any support they might need.
- Do exercises, if prescribed by a physiotherapist.

### You will:

- Help people to develop cooking skills, money management skills, sustainable routines, personal safety, independent travel and a range of other skills based activities.
- Provide appropriate information and advice.
- Have a role in contributing to assessments.
- Support the development and implementation of enablement plans to help the person to work towards their chosen goals.
- Work positively with risk.
- Record all contacts with service users.
- Work with families and other professionals to ensure the enablement work is successful.

*This Role Profile is intended to provide an understanding and appreciation of the responsibilities of this particular job. It is not possible to specify every detail and we expect you to work flexibly within your skills, knowledge, experience and grade of this job.*

In order to be considered for this role please fill in the Application Form. CVs will not be considered.