

Support Worker – Grade 5 Day Opportunities

In addition to the information in the Job Profile please see below for more information about working in Day Opportunities. The advert for the job you are applying for will give more information on the location and hours for that particular job.

About the Job....

Day Opportunity Services promote independence, offering support as identified by individual support plans. This may be provided within an individual's home, at a Day Opportunities facility, and/or as support to access social, recreational, educational and in some cases employment opportunities within local communities.

The Support Worker will provide a range of opportunities designed to promote ordinary living. You will support people to access a range of activities which are appropriate for them and that also meet their individual skills and talents or develop new interests.

You will assist and support people who use our services to:

- Maintain their personal hygiene, including providing support with intimate washing, toileting and continence in a dignified manner.
- Maintain their personal standards in order to retain their identity.
- Maintain current skills in all areas including mobility, in/out and by transport, use of hoists etc. social interaction and daily living.

You will play a vital role in maintaining and improving peoples' health, this could be, for example:

- Advising when to take prescribed medication, assisting with or administering medicine, providing support for basic health care tasks such as eye/ear drops, inhalers, and prescribed creams. You may also provide support for blood pressure, stoma and catheter care, monitor pressure areas or skin breakdown and other tasks as identified in the care plans. Appropriate training will be provided in all these areas.

In addition you will provide support with daily living activities such as:

- Preparing food and drinks and dealing with laundry helping individuals' to manage day to day finances where appropriate including shopping, collecting pensions, paying bills etc.

To maintain communication you will need to ensure that all records relating to people using the service are completed and updated accurately. Within all your duties, confidentiality must be maintained. You will be expected to understand how confidential issues can cause concern and how to communicate this to the service user and subsequently the appropriate manager.

Part of your role will be to encourage people who use our services to maintain and develop their social networks as indicated on their care plan, for example: attending meetings, classes, visiting friends, work placements etc. In some situations you will need to provide appropriate and sensitive support for people who are experiencing emotional situations including those at the end of their life.

You may also be required to work with people who present challenging behaviours, for example: mental health issues, Dementia, frustration, anger and fear due to loss of ability through illness or accident and communication difficulties. In all parts of your role you will need to be aware of health and safety issues to ensure that both you and the people you work with and support are safe.

Transporting service users may be a part of this job. It is therefore preferable that you hold a full and valid driving licence as you may be expected to use a Council vehicle for this purpose.