



MST Supervisor (Family Integrated Transitions)

The MST Supervisor (FIT) will manage a team of up to 4 MST therapists, who are working with some of the most complex families in Kirklees. MST Supervisors work within the MST model under guidance and support of the MST Expert (MST Services, USA/MST-UK & Ireland) to provide clinical supervision and oversight to therapists working intensively with families using the MST analytic process and principles; as well as providing supervision, support and consultation to residential staff and managers.

MST-FIT uses Standard MST principles with additional components to address the specific issues and contexts of young people returning home from a care environment. The MST FIT programme combines a number of evidence-based interventions with the goal of targeting multiple determinants of antisocial behaviour, substance abuse and mental health issues in young people. The overarching framework of the intervention is derived from Multisystemic Therapy (MST) and this is combined with Dialectical Behaviour Therapy to target young people's individual mental health needs and support those caring for them more effectively.

The model works for 3 to 4 months with young people aged 12-17 years and their carers while they are placed away from home, thus improving skill level of the current residential or foster carers and also with the young person's family to identify the issues which may present difficulties in order to plan a successful return home. Once the young person has returned home, work continues with the family for a further four months and with other key agencies, such as social care and schools and also to support the family members to develop community-based supports and reduce their longer-term reliance on statutory services.

AS an MST Supervisor (FIT) you will provide supervision, support and consultation to residential staff and managers.

The overall aims of MST-FIT are to:

- Return children successfully from care to a home environment
- Improve skills and resilience of young people, family, foster carers and other professionals
- Reduce young people's offending and/or anti-social behaviour and/or violence;
- Increase young people's engagement with and success in education and training;
- Promote positive activities for parent & young person;
- Improve family relationships;
- Systemically tackle underlying problems within the family.

Alongside the general requirements for the MST Supervisor role it would be desirable if you also had:

- Experience of working with children in care.

For Office Use Only:

Job Category	MST	Grading ID	
Job ID		Last Updated	
Job Focus		Career Progression	

Contractual Variants

DBS Category	Children	DBS Type	Enhanced + Barred
Health Check	No	Politically Restricted	
24/7 working		Public Holidays	
Night Working		Alternating Pattern	
Standby		Other	